學院

於籌措資金,在香港成立一間脊醫學院

籌款活動 ~

捐款~

商店

公眾教育 >

專業課程 ~

研究~

獎學金 >



2016

- 「施羅特優化治療」A 課程 (20-21 Aug)
- Advanced Course Lower Body DN (1-2 Jul)
- DNS B (30 Apr-2 May)
- SEAS 2016 (27-28 Feb)

2015

- 施羅特優化治療 (27,28Sep, 1,3,4Oct)
- Dry Needling Upper Half of Body (11-13 Sep)
- Symptoms of Spondyloarthropathy (26 Jun)
- DNS A (24-26 May)
- Patellofemoral Pain Syndrome (28 Apr)
- SEAS 2015 (27 Feb-1 Mar)

2014

- Red Flags in Spinal (12 Nov)
- DNS Course "A" (3-5 Oct)
- DNS Skill Course (1–2 Oct)
- **Understanding Tumor** (11 Jul)
- Compartment Knee Osteoarthritis (14 Apr)
- **SFAS** (4-6 Apr)

2013

- Mobilization of the Nervous System
- DNS A
- DNS B

2012

- 針刺手法療法
- DNS A

SEAS: Scientific Exercise Approach to Scoliosis 2015 ISICO - ISTITUTO SCIENTIFICO ITALIANO COLONNA VERTEBRALE

27 Feb-1 Mar

P5-03 Graduate House, University Drive, University of Hong Kong

Course Description:

- Understand background of SEAS (Scientific Exercise Approach to Scoliosis) approach and the underlying scientific principles.
- Teach joint protection and proper ADL principles for patients with scoliosis.
- Learn the principles of the team approach for spinal deformities (physician, physio, trainer, orthotist, patient & family).
- How to perform the clinical and postural evaluation of the scoliosis and hyperkyphosis patient.
- Understand what is three dimensional self correction, and the step by step approach to teach individualized self correction to the patient.
- Learn how self correction is performed for different type of deformities: thoracic, thoracolumbar, lumbar, double curve, hyperkyphosis; correlation with the radiographic and postural evaluation, as well as on observed asymmetries.
- Learn how to manage the cognitive-behavioral approach to patient and family
- Understand the role of exercises within the SEAS approach, and the criteria used to choose them for an individualized treatment plan.
- How to understand if the difficulty of exercises is appropriate to the patient.
- Goals of exercises in the different treatment phases: no brace, preparation to the brace, in brace, brace weaning.

Course Content

Date	Hours	Teachers	Topics
Friday 27th Feb 2015	9 – 13	Michele Romano	Active Self Correction – Theory and hands-on practice
	14 – 16	Michele Romano	Active Self Correction – Theory and hands-on practice
	16 – 18	Stefano Negrini (Skype Conference)	Scoliosis general knowledge – General knowledge on braces for PT Diagnostic-

關於我們

聯絡我們

成立目的 脊骨神經科介紹 個案分享 組織架構 年報 工作招聘

診所

診所介紹 聯絡及開放時間

義工

義工籌募 義工分享

最新消息

You Tube

Youtube, Google





學院 籌款活動 捐款

步行籌款 商店 護脊慈善 網上捐款 嘉年華 其他捐贈 籌款晚會 方法 其他活動 捐贈名單 商店

公眾教育 專業課程 研究

講座 新聞稿 刊物 光碟 網上影片 獎學金

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			therapeuthic pathways – Basis of SEAS
Sat 28th Feb 2015	9 – 13	Michele Romano	Team approach – SEAS: practical application
	14 - 18	Michele Romano	Scoliosis manager: an internet tool to build an exercises plan - Theory and hands-on practice
Sunday 1st Mar 2015	9 – 13	Michele Romano	Exercise for treatment in mild scoliosis: choosing and applying – Theory and hands-on practice
	14 – 18	Michele Romano	Exercise for treatment in mild scoliosis: choosing and applying – Theory and hands-on practice

Speakers:

- Professor Stefano Negrini
- Mr. Michele Romano

Course Programme:

Date and Time:

27th Feb to 1st Mar, 2015

Morning Session	9am to 1 pm
Afternoon Session	2pm to 6pm

Venue: P5-03 Graduate House, University Drive, University of Hong Kong

Charge:

HKD4,800

(Number of participants limited to 25 persons).

SEAS bibliography

Enquires:

Please contact cpdntalk@hkccfl.org.hk or +852 3998 3222

For **Registration and Booking Form**, click here



For the leaflet, click here

Application:



Apply the course online



我有脊柱側彎 HKD98



扭力計 HKD100



頭馬玉面金駒馬蹄鐵 HKD3000



澄心清神 105.5 x 46 cm HKD2000