



Full name	Michele Romano
Profession	Physical Therapist
Actual professional positions	National Rehabilitation Director of ISICO (Italian Scientific Spine Institute) - Milan.
Short biographical notes	<p>1985 Bachelor of Physical Therapist 2011 Master of Rehabilitation Science</p> <p>1986-1985 Freelance Physical Therapist 1999-2001 Responsible of Physical therapists in the Orthopaedic Section of the Rehabilitation Unit of the Care & Research Institute Don Carlo Gnocchi Foundation 2000 Responsible of Physical therapist school of Care & Research Institute Don Carlo Gnocchi Foundation 2002-2003 Responsible of Physical therapists of External Rehabilitation Service of Care & Research Institute Don Carlo Gnocchi Foundation</p> <p>Since 1997 teaches continuously in Educational courses (2-5 per year) for physicians, physiotherapists, orthotists, trainers</p> <ul style="list-style-type: none"> - Active Member of the international Society On Spinal Orthopaedic and Rehabilitation Treatment (SOSORT) - Member of the Scientific Secretariat of the Italian Study Group on Scoliosis and Spinal Diseases (GSS) <p>72 oral presentation in national and international meetings</p> <p>Peer reviewer of “Scienza Riabilitativa” and “Scoliosis”</p>
Award received	<p>- Sofamor Danek Paper and Poster Awards 1999: Posters Honourable Mention. 26th Annual Meeting of the International Society for the Study of the Lumbar Spine (ISSLS). Romano M, Negrini S, Sibilla P. The back pain board game: a new educational tool.</p> <p>- Dalla magia alla scienza: evoluzione del trattamento del mal di schiena nella storia della medicina – 1st S.I.R.E.R. Meeting - Milan 26-29 october 1995</p>
Medline published papers	21
Educational courses	65
Book chapters	8

Books	4
Some Medline papers and last Educational courses	<p>- Forces exerted during exercises by patient with adolescent idiopathic scoliosis wearing fibreglass braces – Scoliosis 2006 Jul 21;1(1):12</p> <p>- Manual therapy as a conservative treatment for adolescent idiopathic scoliosis: a systematic review- Scoliosis 2008, 3:2</p> <p>- Exercises reduce the progression rate of adolescent idiopathic scoliosis: results of a comprehensive systematic review of the literature. Disabil Rehabil. 2008;30(10):772-85.</p> <p>- Scientific Exercises Approach to Scoliosis (SEAS): Efficacy, Efficiency and Innovation. Stud Health Technol Inform. 2008;135:191-207scoliosis: a systematic review- Scoliosis 2008, 3:2</p> <p>- Braces for Idiopathic Scoliosis in Adolescents Cochrane Database Syst Rev. 2010 Jan 20;(1):CD006850. Review</p> <p>- SpineCor, exercise and SPoRT rigid brace: what is the best for Adolescent Idiopathic Scoliosis? Short term results from 2 retrospective studies. Stud Health Technol Inform. 2012;176:361-4.</p> <p>- Bracing does not change the sport habits of patients. Stud Health Technol Inform. 2012;176:437-40.</p> <p>- Exercises for adolescent idiopathic scoliosis. Cochrane Database Syst Rev. 2012 Aug 15;8:CD007837. doi: 10.1002/14651858.CD007837. Review</p> <p>- Physiotherapeutic scoliosis-specific exercises for adolescents with idiopathic scoliosis. Eur J Phys Rehabil Med. 2014 Feb;50(1):111-21. Epub 2014 Feb</p> <p>- SEAS (Scientific Exercises Approach to Scoliosis): a modern and effective evidence based approach to physiotherapeutic specific scoliosis exercises. Scoliosis. 2015 Feb 5;10:3. doi: 10.1186/s13013-014-0027-2. eCollection 2015.</p> <ul style="list-style-type: none"> • Educational course Approccio SEAS - Hong Kong University (China) - 15 aprile 2014 • Educational course – The SEAS Approach 16-18 maggio - Rehabilitation Hospital Ljubiana (Slovenia) • Educational course - AIS: Evidence on physiotherapy specific exercises 6-5-2014 Wiesbaden (Germany) • Educational course - European schools of Scoliosis Physiotherapy 6-5-2014 Wiesbaden (Germany) • Educational course – SEAS Approach 6-5-2014 Wiesbaden (Germany) • Educational course SEAS Approach 19/24-1-2015 Sydney Scoliosis Clinic - Sydney (Australia) • Educational course SEAS Approach 27-28/2 1/3 2015 Hong Kong University (China) • Educational course SEAS Approach 24-29/6/2015 Seoul (Korea) • Educational course SEAS Approach 10-12/01/2016 Bangalore (India) • Educational course SEAS Approach 15-18/01/2016 Beijing (China) • Educational course SEAS Approach 27-28/2 2016 Hong Kong University (China)