



# SOSORT 2012

Milan, Italy May 10-12



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## ADMINISTRATION

## **SEAS: Scientific Exercise Approach to Scoliosis and Scoliosis Manager for physios**

### **Second step toward SEAS Certification**

**SEAS Accreditation: Second level course.**

**Milan (Italy), May 13-14, 2012**

The Course will take place in the NH Milanofiori Hotel, from Sunday 13th to Monday 14th.

The program main points will be:

- Active Self-correction : your experiences during this year and which had been the difficulties you had to face
- Presentation of clinical cases worked out by the participants ( a short form will be prepared where we indicate the kind of material we expect to receive, e.g. the presentation of the cases, the assessment and the exercises proposed, the x-rays)
- The choice of the exercises
- Exercises "in brace"
- Clinical cases: practical processing of the treatment programs with in the presence of patients
- Sagittal posture dysfunctions Aims and modalities of treatment of adult deformities: scoliosis and hyperkyphosis
- Active SEAS self-correction in adult scoliosis
- Specific exercises for backpain in adult scoliosis and hyperkyphosis