

# Scientific Exercise Approach to Scoliosis (SEAS) Workshop

## Level 1 SA

(30<sup>th</sup> Nov-2nd Dec 2018, Fri - Sun)

### ◆ COURSE DESCRIPTION:

- Understand the background of SEAS approach and the underlying scientific principles
- Learn the clinical and postural evaluation of the scoliosis patient
- Three-dimensional self-correction, and the step-by-step approach to teach individualized selfcorrections to the patient
- Learn how self-correction is performed for different types of deformities: thoracic, thoracolumbar, lumbar, double curve, hyperkyphosis; correlation with the radiographic and postural evaluation, as well as observed asymmetries
- Learn how to manage the cognitive-behavioral approach to patient and family
- Understand the role of exercise within the SEAS approach, and the criteria used to choose them for an individualized treatment plan
- Learn goals of exercises in the different treatment phases: no brace, preparation for the brace, and in brace

### ◆ DATES:

30<sup>th</sup> November-2nd December, 2018

### ◆ ADDRESS:

Room 315, Teaching Building, Peking Union Medical College Hospital , Beijing, China

◆ **ABOUT THE TRAINER**



Michele Romano, National Rehabilitation Director of ISICO (Italian Scientific Spine Institute) Milan, is one of the world's leading experts in scoliosis exercise programs. He is the current President of SOSORT (Society on Scoliosis Orthopedic Rehabilitation Techniques), and one of the lead instructors of the Scoliosis World Masters Program. Michele is also a member of the Scientific Secretariat of the Italian Study Group on Scoliosis and Spinal Diseases (GSS). He has published numerous research articles on the science behind scoliosis exercises, and has taught over 40 educational courses (Approccio SEAS) all over the world since 2011.

◆ **COURSE FEE:**

- 5000RMB per person prior to November 15th;
- Cancellation policy: Full return prior to September 2nd, 2018; 80% return prior to October 2nd; 60% return prior to November 30th.

◆ **REGISTRATION:**

Sign up at <https://jinshuju.net/f/tTFHTH>

E-mail: danqianjessy@a-truly.com

◆ **HOSTED BY:**

Peking Union Medical College Hospital



北京协和医院  
PEKING UNION MEDICAL  
COLLEGE HOSPITAL

A-T Physiotherapy Institute

