

Scientific Exercise Approach to Scoliosis (SEAS) Workshop

Level 2 SAA

(4-6 Dec 2018, Tues - Thur)

◆ COURSE DESCRIPTION:

- Focuses on the advanced stage of treatment for scoliosis
- SEAS Self Correction with combined movements
- Evolution of the complexity of the exercises and of self correction
- Simplified self-correction for daily-life application
- SEAS exercises during brace treatment in different phases:
 - waiting for the brace,
 - brace wearing
 - brace weaning
- SEAS exercises for thoracic hyperkyphosis, Scheuermann's disease
- School screening for scoliosis and thoracic hyperkyphosis
- Adult scoliosis: active SEAS self-correction and exercises
- Specific exercises for adults and elderly subjects with sagittal misalignment
- Pain treatment in adults with scoliosis and/or sagittal misalignment

◆ PRE-REQUISITES:

- Participation in & completion of: SEAS 1 Course
- Level 2 can be attended between 6 months and 5 years from completion of Level 1.
- Level 2 Advanced accreditation expires after 5 years. It can be renewed by attending a 1-day refresher course with examination.

◆ ABOUT THE TRAINER



Michele Romano, National Rehabilitation Director of ISICO (Italian Scientific Spine Institute) Milan, is one of the world's leading experts in scoliosis exercise programs. He is the current President of SOSORT (Society on Scoliosis Orthopedic Rehabilitation Techniques), and one of the lead instructors of the Scoliosis World Masters Program. Michele is also a member of the Scientific Secretariat of the Italian Study Group on Scoliosis and Spinal Diseases (GSS). He has published numerous research articles on the science behind scoliosis exercises, and has taught over 40 educational courses (Approccio SEAS) all over the world since 2011.

◆ DATES:

4th-6th December, 2018

◆ ADDRESS:

Room 315, Teaching Building, Peking Union Medical College Hospital , Beijing, China

◆ COURSE FEE:

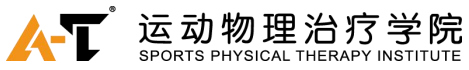
- 5000RMB per person prior to September 4th;
- Cancellation policy: Full return prior to September 4th, 2018; 80% return prior to October 4th; 60% return prior to December 4th.

◆ REGISTRATION:

Sign up at <https://jinshuju.net/f/tTFHTH>

E-mail: danqianjessy@a-truly.com

◆ HOSTED BY:



Peking Union Medical College Hospital



北京协和医院
PEKING UNION MEDICAL
COLLEGE HOSPITAL

A-T Physiotherapy Institute



运动物理治疗学院
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