

SEAS: Scientific Exercise Approach to Scoliosis Level 1 Course

With Michele Romano and Alessandra Negrini- the Italian National Rehabilitation Directors of ISICO (Italian Scientific Spinal Institute) - Milan

Practical training for treating patients with scoliosis

DATES:

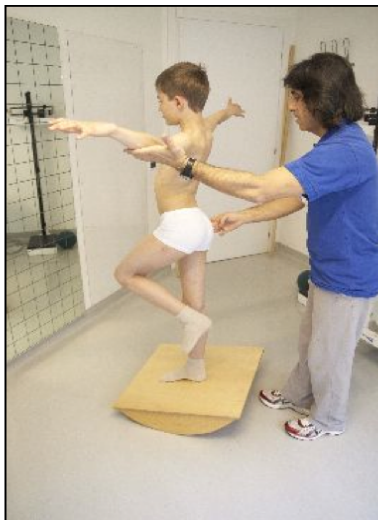
Monday, February 5 - Wednesday, February 7, 2018

HOSTED BY:

To be determined

ADDRESS:

Feldenkrais Institute, New York, NY
134 West 26th Street, 2nd Floor
New York, NY 10001



COURSE DESCRIPTION:

- Understand background of SEAS (Scientific Exercise Approach to Scoliosis) approach and the underlying scientific principles.
- How to perform the clinical and postural evaluation of the scoliosis patient.
- Understand what is three-dimensional self-correction, and the step-by-step

approach to teach individualized self-correction to the patient.

- Learn how self-correction is performed for different types of deformities: thoracic, thoracolumbar, lumbar, double curve, hyperkyphosis; correlation with the radiographic and postural evaluation, as well as on observed asymmetries.
- Learn how to manage the cognitive-behavioral approach to patient and family
- Understand the role of exercises within the SEAS approach, and the criteria used to choose them for an individualized treatment plan.
- Goals of exercises in the different treatment phases: no brace, brace, adult

PROGRAM: Every day from 9:00AM-6:00PM

MONDAY FEBRUARY 5, 2018

- Review of scoliosis pathomechanics
- Bracing
- SEAS approach
- Assessment - theory and hands-on practice

TUESDAY, FEBRUARY 6, 2018

- Active Self-Correction - theory and hands-on practice
- Scoliosis manager - internet application
- Exercises - theory and hands-on practice

WEDNESDAY, FEBRUARY 7, 2018

- Active Self-Correction and exercises
- Theory and hands-on practice
- Clinical practice with patients

PRICE (Check addressed to: Hagit Berdishevsky):

\$700 per person early registration prior to December 1st, 2017; \$750 after December 1st, 2017.

Cancellation policy: Full return prior to December 1st, 2017; 50% return prior to January 15th, 2018; no return after January 15th, 2018

REGISTRATION:

Please send your application (see below) with the above fee to:

Hagit Berdishevsky
16 East 96th Street #1B

New York, NY 10128

SEAS COURSE APPLICATION

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Hagit Berdishevsky

16 East 96th Street #1B

New York, NY 10128

My email: hagitberdi@gmail.com

NAME: _____

PROFESSION: _____

STREET ADDRESS: _____

CITY, STATE, ZIP: _____

PHONE NUMBER: _____

FAX (opt): _____

EMAIL: _____

PREVIOUS EXPERIENCE WITH TREATMENT OF SCOLIOSIS:
